



Depression and Anxiety Support Group

Thursday evenings

Starting October 24th from 6-7pm at JAK's Place

for HIGH SCHOOL STUDENTS

Reservations Encouraged: 920-818-0525



1623 Rhode Island Street, Sturgeon Bay

Facilitated by Simon Rabas from Counseling Associates

*JAK's Place is a Mental Health Resource Center
providing consumers with structured and social programming to support their recovery process.
JAK's also encourages family member in need of understanding and information.*